

# DIANOTES

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## LIVING TOGETHER &amp; BEGINNING TO LIKE IT

by Joyce and Eph Howard

You've guessed it - we're married. The odd thing is, we're glad. We would love to write about a cure-all for all family relations and problems: unfortunately, we don't know of one. We do know of our attempts in solving such problems.

Although we know each family must work out their own solution, we hope that what has helped us may, at least, be of some help to you. Even if our ideas don't exactly fit your problems, we hope that they will point the way.

Let's start with our ideas on how and why people get married. We believe that each person selects a mate whose aberrations will complement and reinforce his own. Each of us selects an aberration pattern match.

Exactly how this is done is still somewhat of a mystery. Why we do it is a little more obvious. To start with, our basic premise is that anyone who is aberrated wants to be that way. They may not want to intellectually - but at the organismic response or Gestalt level they must want to be aberrated, because they are. Since they are, they want to get all the help they can - so that staying aberrated is easy. What could be easier than selecting a mate to help you solve this, as well as some of your other problems. How one finds them is really amazing. Our studies show that everybody seems to find just the one they need.

It must be done telepathically, and almost entirely on the sub-conscious level. If you doubt it, look at every momma's boy you know, and watch him pick a momma for a wife - he may even call her momma. It may take a few years for her to play the part, but she will. Watch the little girl who needs a daddy. She, too, may, all unwittingly, call him daddy. Some of the others are not so obvious, but they're there.

OK - so we got our helpmate. Then we had to decide to change - both of us. This took awhile, because the desire had to be at the action level. We were finally ready to do something about it. The first step we took was to establish communication. This was somewhat simplified for us, because we were used to talking to one another. Like many - our conversations had lots of innuendos - many mis-statements - and even some outright lies. But, we were talking. Please note we use the word talk - we were not communicating. We discovered that much of the time we were talking, we were not really listening to each other. We were only waiting for the other to pause so that we could speak. Communication is a two-way situation - receiving as well as sending. To learn to receive took practice - and so did learning to say what we really meant.

When a couple have been together for any length of time, each person is bound to have some characteristics that annoy the other. We found it best to stop swallowing anger. Out we came with it - as calmly as we could. True, this was hard on our three children, but they survived. They now have a much more peaceful home, instead of one almost constantly charged with tensions. We discussed the things we didn't like about one another. Also, we were sure to talk about the things we did like - there were some of these, too, or we wouldn't have stuck together for thirteen years.

So - we suggest - Communicate.

At first, it may even be necessary to try to schedule talking periods. If so, schedule them after the children are in bed and there are no other distractions. THEN TALK!

We discovered that at first our communications were just "steam of consciousness" chatter. Each person saying everything that came to mind. After getting more used to carrying on a conversation together, we were then able to direct the conversation.

For us - since we were already conversing, the main problem was just to make the oral interchange more meaningful, and more honest. At first, it was hard to recognize the small distortions and colorations we built into our conversations. It seems that each of us tended to slightly color or distort things so as to make us "righter". At first, when the other pointed out one of these slight adjustments to the truth, we would defend and rationalize our stand. As time went on, we tended to do less of what we call "irrationalize" - since this is really what rationalization is - and so started to become aware of our actions, and began to study the underlying motives.

In addition to learning about our relationship this way, we've also learned about ourselves. One thing we found hardest to face was the dislike, contempt, and even hate we sometimes had for each other. After years of statements like "I'm just teasing", "I don't really mean it the way it sounds", "If you really loved me .....", etc., we found that those "little" things which "don't really matter" were cover-ups for some major feelings and emotions. Many times "well, it's really not that important" served to cover an attitude toward the other so violent we were afraid to honestly face it.

You may be one of the fortunate people who have never played these little games. Just on the off chance that you're not, how about examining your feelings the next time you are annoyed - even a little bit - with your ever-loving spouse. There may be nothing at all there - or maybe you'll find a gold mine of mis-emotion.

OK - let's assume that like us you've found one or more areas of mis-emotion. Now comes the time we did something about it. If you're lucky, the changes will be easy. For us, the first changes were quite hard to make. At this point, the nice thing to know is that you CAN change. Like everything else in life, it's easier to do as you get more practiced at it.

What we did sounds simple - we hope it is for you - if you decide to try it. We agreed to call each other's bluff every time anything was said or done, about which the other was skeptical. And then we wore out the subject - along with our attitudes, our rationalizations, our feelings, and our hates. We talked it dry. If we felt the other was lying or hedging, we said so. For awhile we talked a lot - questioning everything said by the other; then we became very sensitive and talked hardly at all for fear of the other's attitude. We also agreed to call the other's attention to patterns of behavior and attitudes toward subjects and people. Soon we were trying to find the cause - why one person always reacted one particular way to a certain phrase or action of the other. Then we would deliberately break it. This was started by repeating the disturbing remark - for example - and then having the second person do something very different from the usual response. Then we'd sit down and figure out how many other responses could have been made. This takes time - but we've found it worth it.

Also, by now, we've got to again mention what we said at the beginning. We don't have a cure-all recommendation on how to change. Thus far, we have seen proponents of several methods claim theirs as being the "one true way". We've seen Ron Hubbard's methods work, we've also seen successes with those of Ron Howes, Jim Welgos, Art Coulter, Gestalt Therapy, and many other of the ways of living proposed by many teachers. Also effective are the ways of Jesus, Moses, Gautama, and many others of the legendary past.

It's up to you to choose the leader you will follow, or the particular path you wish to take - or the combination of paths. In the end, it's up to you to do it - yourself. You must make the decisions, and only you can put them into action. Good Luck!

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Ed's Note....We're sure that Joyce and Eph would like to hear about the results of their technic. Write them at 5520 Speedway Drive, Indianapolis 24, Ind. Or thru us.

THE PATH OF GROWTH  
by Rev. J.W. Welgos

Here at Human Engineering we are nearing the end of our first summer training period. Evidence of the effectiveness of what we've been teaching has been demonstrated in the constant accolades being sent our way from the students who have been here. Along with that we now have four new permanent residents. Added on top of this is the fact that centers are being prepared in Los Angeles, Portland, England and New Zealand. From where I sit I would say that our negative selling with lack of promise of anything (except that the individual will learn about himself) seems to be very effective.

One of the major tools that we've been using is a chart that I made up to show how all of man's knowledge relates to man, himself. On this chart we make a number of divisions. The first breakdown is of the five basic purposes: 1) Creative, 2) Structural, 3) In use, 4) Mine, and 5) Not Mine. These five are now combined into three relationships: A) The consciousness level (under 'creative purpose), B) The physical level (under the structural and in-use purposes), and C) The Semantic (or social) level which lies under the Mine and Not-Mine categories.

The creative purpose could be broken down into two types of categories. The first being pure creation, and the second is a functional type of creativity. To understand the difference between these you can think of the number of designs for women's shoes. Compare this with the type of creation involved in thinking up the idea of the shoe, itself. If you'd like to get a clearer picture of the type of thinking involved in the pure creation, see if you can conceive an entirely new purpose for mankind. If it is to be pure creation, it must not involve any device or situation that you've ever heard or read about. Functional creativity involves taking an already existing concept and manipulating it to fulfill a slightly different purpose.

For the purpose of this article I'd like to limit my discussion primarily to the "B" and "C" divisions, since this is where most people have their greatest difficulties. Since there are many who will read this article that have had their background in diabetics or scientology, we'll first present some of the principles upon which one's growth depends. For the most part, these admonitions cannot be violated without unbalancing the fundamental nature of the organism.

The first comment is that the road MUST be taken in definite progressive steps. Those who try to jump to the higher levels of training only find that frustration awaits them. It sounds so much faster to tell people "We'll tell you the secrets of the universe and show you how to use them." This may be all well and good. They may even know the secrets of the universe. But can they comprehend it? From my own personal experience, I can tell that when one has a moment of illumination without preparation, the road (because of the struggle that one makes to regain that experience without knowing the factors involved - factors that exist on the more social levels which have not been integrated) goes downhill very fast. I, personally, was delayed for two years because of about three hours of illumination. A girl who had about a week of illumination was a student last week, and she'd had seven years of heartbreak because of what had happened to her.

Another point is that an overemphasis on any one of the facets of the organism's nature, will also distort the entire organism. This is a variation of the old cliché of "First things first".

It is not possible to work exclusively on just one facet of the organism without also doing some corrective work on the other two levels. The only one which can be pure is the pure creation. From this level, any or all of the other levels can be derived. But this level is not available (except accidentally, and for very short periods) on a con-

trolled basis until the needed work is done on the structure. Level "C" is mainly constructed by taking words and making them into realities on the "B" level through the action of the "A" level. All of us are creative all the time and we place a great deal of emphasis upon the teaching of creativity - but even creation comes to an end eventually within the personality.

Let us first discuss the "C" level. Since this level is built upon the verbal concepts that are continually being thrown at us, and since words are constantly changing, it is then evident that what was true for people fifty years ago is not totally true today. An illustration of this can be gained from reading some "Beowulf" (Circa 710-722 A.D.). On this level we have otherness, the idea of "Best", Success, Influence, Property, Etiquette, Sportmanship, Control of the self through words, prayers, the use of the somatic mind for social ends, Interest in one's own problems only, etc., etc.

The therapies that mankind has evolved for this level are psychology, psychoanalysis, semantics, charm schools, radios, telephones, advertising, Mantra Yoga, Politics, Legal structures, etc. The therapies on this level deal primarily with a "teacher-student or authority-(patient, subject, client, etc.) basis. Fundamentally, all therapies which involve talking belong on this level.

The "B" level will probably be of more interest to the readers of this paper (although many will realize that they haven't solved the problems of the "C" level yet). On this level we have such things as breathing, weight, light, mass, and space realities, and our reactions to them. We can be affected by force, and we can control by force. We have an interest in others (as well as ourselves), emotions, music, sounds, temperature, and other physical phenomena, and our reactions are here also. Pain and pleasure belong here since they are a part of the sensory structure. Etc. Etc. Etc.

The therapies used on this level are medium therapies (as differing from the mild therapies of the "C" level). Here we have medicine, engineering, dianetics, scientology, art, occupation, Hatha Yoga, and all memory and imagination techniques as well as Voodoo, Witchcraft and Magic. The key to recognizing these therapies is that they fundamentally involve action or the use or training of the senses by the self. This is why surgery would be placed in this category. This type of action involves direct contact perversions (as opposed to the semantic level which is composed of perversions of direct contact perversions).

Here is the reason why dianetics and scientology have been the sources of frustration for so many - in spite of the fact that the material in both of them was of excellent quality. The material was, and still is, excellent - but the students of these studies were not ready for them. Too many problems still existed on the social level.

Why should this happen? Isn't everyone capable of facing themselves on all levels? Of course not! But adherents of highly advanced studies need to solve the problem of wanting to jump ahead of everyone else and being better than others. This is a problem of the mine not-mine level. Here is exactly the thing which will keep them from attaining the higher levels. They WANT and NEED to reach those higher levels, but the very fact of the existence of that want and need is what they must remove before they can have what they want. The want causes them to strive, and the striving is the use of old patterns of tension which is precisely what keeps them from the attainment.

How can one begin again? What is the first step that one should take? To answer this requires that one understand where the ideas of good and bad come from. (This is a re-statement of mine and not-mine.) This is the very first step! Beyond this one must take action to remove both the evil and its relatives. With the removal of the ideas of evil, and the ideas that cause the ideas of evil, will come an inner strength that will grow with the progress that one makes on the road to complete self-recovery. (We

mean this as a recovery of what one really is as the self.) Thus, by summation, we can say that the first step is to remove evil and all ideas that are related to evil, including those that cause evil. When one has done this, he is ready for the next step - but not one moment sooner. When one is ready, he will then be told the next step - but once again, not one moment sooner!

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### THE MAESTRO RETURNS

Wing and Smokey Angell finally shook themselves loose from San Francisco, and included our fair city in their itinerary of stops on their route to Chicago. According to Wing, they expect to spend quite some time in the Windy City. One of his former students who is also their prospective daughter-in-law, is making the trip with them. Wing affectionately calls her "Mother". From all appearances, Claire Morley is really up there, and is gaining more and more each day. Our idea of an intensive is to be constantly with the Angells. Never a dull moment!

Wing brought us up to date on occurrences here, there, and everywhere, and, although his time was limited, he took time out to do some individual processing, and spent one evening processing the group. The consensus of opinion was that it was Processing as was Processing - the first Real Processing the group has had since Wing left our midst a year ago. (This is soon to be rectified, though, as a result of Wing's recent "shot in the arm", two of our local gals, Mid Hume and Del Rogalla, have signed up for Len Hamilton's - Scientology Guidance Center, North Wilbraham, Mass. - HCA Correspondence Course.)

In his usual flowery manner, Wing recounted many of his experiences of the past year. His two HCA Courses in San Francisco were prime successes, and he took time out to give a shot in the arm to several groups in Oregon and Washington. (We will never figure out how he finds time to belong to the San Francisco Fire Department. Maybe he doesn't sleep!). As he gave us the run down on recent HASI activities and the stories behind the headlines, it rather surprised everyone present as to the actual amount of intrigue necessary to the running of a large organization. This motif even reaches into some of the lesser activities. We discovered from his discourse that in organizational work there is never a shortage of problems - which may explain a lot of things.

Smokey was her same beautiful self, and is unchanged as being one of the nicer people to have around. She and Claire complemented each other, and, all in all, they livened up the meetings no end. As we said, with the Angells around, never a dull moment! We hope that they will find time to stay longer the next time around! Bon Voyage, Folks!

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DIANETICS, SCIENTOLOGY, - AND YOGA  
AN ANALOGY  
by Bob Collings

PART ELEVEN

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Ed's Note....Since many of our newer subscribers missed some of the earlier issues, we have printed a number of "Books" bringing the Analogy up-to-date. These have been run from the original stencils and read consecutively - and may be had for the asking....

The word "latencies" is aptly used in this case. In effect, it depicts those things which are concealed beyond apprehension - and are abstruse. Any auditor will concede that the reactive circuits in the mind are concealed beyond apprehension - and that they will manifest only when they are restimulated. Or, as Patanjali puts it, when they are suitable for ripening. Even though the auditor may be aware of a given circuit, it can take a lot of processing before it breaks into the open and can be run out. The next aphorism states that when these latencies (facsimiles) are obstructed (held out of awareness) by life-condition, place and time, that they are still within, because habit-molds are similar to memories - and that they are beginningless, as the wish to live is eternal. This bears out Hubbard's contentions in regard to survival. Also, it segregates the reactive circuits from the objects of ordinary memory as a separate function - the function being that of survival. According to Hubbard, the dynamic principle of existence is survival, and that Man is motivated only by survival. This implies that the reactive mind plays an important part in the drama we call life.

It is interesting to note that Patanjali gave credence to the possibility of manifestations appearing in this lifetime which had their origin in some previous incarnation, and, since they are beginningless, they could originate at any point as far back as Facsimile One. Many auditors have verified this in their reports of cases in which the preclear ran out some past life incident and was cured of some psychosomatic illness in present time.

Since the latent is held together by cause, effect, receptacle and object, and is absent when these are absent, it behooves us to clear out our reactive minds. Hubbard has pointed out a way by which this can be attained - not the only way, but one that works. Much of the zeal which is evident in present time can be attributed to the outbreak of public interest as a result of the publication of Hubbard's first book, "Dianetics, The Modern Science Of Mental Health". The most notable difference between Hubbard's techniques and those of other schools of thought is the method of working in groups of two - or more. It has been proven beyond doubt in the last five years that the auditor is essential to speedy clearing of certain mental functions - name these functions as you will. It being understood, of course, that the auditor must work at an impersonal level. Modern psychiatry and psychoanalysis utilizes this same operating procedure, but, they deal with the mind-body relationship on a mechanical basis - giving no credence nor latitude to the value of the imagination. Many dianeticists and scientologists are still somewhat fuzzy on the true worth of the imaginatory technics and the reason why they work, but that is immaterial as long as they remain in use - and continue to work. The mere knowledge of a natural law is not sufficient, it must be put in practice if it is to be of any benefit.

Patanjali then goes on to state that what is gone and what is to come exist in their own forms, because of the differences of the paths (thought chains), or modes, of their characters, and that they are manifest (real) and subtle, and have the nature of the Qualities (MEST). In this, these latents are real only to the extent that we give them reality. Each latent is complete unto itself: that is, the circuit, when restimulated, will manifest as a dramatization of thought, action, or pain. Also, the dramatization may change as time passes because of the differences of life-condition each time it is restimulated. Each lock on a reactive chain has its effect on later dramatizations - and the effect can be good or bad as the case may be.

Hubbard confined the effects of the reactive circuits to the material entity of man. He postulated that a so-called MEST Clear would be no longer under the influence of his reactive mind since that particular function of the mind would have disappeared. Such an individual would operate under conscious control at all times. The truly optimum state coincides with Hubbard's concept of a Cleared Theta Clear - a completely integrated individual. The reader will remember that a Theta Clear is an individual who has maximum communication between the conscious mind and the super-conscious mind.

Things are real because of unity within the transformations....From the difference of minds in regarding the same object, we infer the different ways of the two (Mind and World)....And if an object depending upon one mind were, at some time, not cognized by it, would it then exist?..  
..An object can be known or unknown to the mind, because of its requiring to be colored by it....

Things are real because they grow old in a set pattern - providing that they fall into a level of acceptance. Things are really real only when their reality is agreed upon by two or more people and they thus become legitimate subjects for communication. Unreality, itself, becomes real when it is accepted as such. The difference of minds in regarding the same object is primarily a matter of communication. True, people only see what they want to see, and in so doing might find it difficult to describe the complete concept. But, if the terminology used in communication is exactly defined, a person listening to a descriptive of the object should have little difficulty in correlating the information into an accurate mental picture - each bit of testimony from the various viewpoints would blend into the final concept. Communication, then, together with a limited viewpoint is the greatest cause of misunderstanding.

....And if an object depending on one mind were at sometime not cognized by it, would it then exist? Consider pain as the object. Who, other than the individual, himself, can give reality to a pain. Since the object can be known or unknown to the mind as a matter of degree, depending upon how impressive it is, pains of lesser degree tend to disappear in the face of competition in the form of pains of greater intensity. In such a case, the lesser pain would lose its reality - fade beyond cognition - and thus lose its existence. However, as every auditor knows, such pains can restimulate and again come into awareness as a real pain unless the underlying cause of the pain is exposed and processed out of the preclear.

The ideas in the mind are always known to its owner, the Real Man, because He is without transformations....It (the mind) is not self-illuminate, on account of its perceptibility....Further, there is no knowledge of both at one time....In perceptibility (of the mind) by another mind, there would be excess of cognition, and confusion of memories....

The Real Man - Thetan - being eternal, has knowledge of of all ideas in the mind. It is because of this that it is speedily possible to clear the reactive mind once the goal of Theta Clear has once been attained. The conscious mind is not self-illuminate because of the physical senses. When these senses are put out of awareness, the channel of inner-communication is then open and the conscious mind has access to knowledge of a different nature - the knowledge produced by discrimination.

It is logical to conclude that it is impossible to be aware of the two sources at the same time. One cannot be aware of sensory messages and be at a point of "not thinking" in the same breath. That is, it is impossible until such a time as when the conscious and the higher mind becomes integrated and are acting as a single unit. In this, there would be no confusion of memories - which could only occur in a non-integrated state of beingness.

Consciousness knows its own higher mind - though it does not move in connection with anything - by the arising of its image....The mind being colored by both the Looker and the seen, has everything within its scope. ....Also, the mind, with all its innumerable latencies, exists for the sake of another, for it works by combination with the Real Man....On the part of him who sees the distinction between mind and the Real Man, there is a turning away from thoughts about the nature of self....Then the mind is deep in discrimination and mainly pointed to Independence....

(To be continued)



A VISIT WITH ALMA  
(Excerpts of two recent letters  
from Alma Hill)

Hi!

Dianotes just arrived, the ever-welcome visitor. Same day with BDR....News notes from here - we had a chance at a big improvement in quarters, so I took it through entirely on my own. Our group is going through a thoroughgoing ebb of interest. (Whose isn't?, Ed.) Instead of attending meetings, they call desultorily at my house. It seems there was some dramatizing at meetings, but shucks, nothing compared to most groups, such as PT A's and all. Well, anyway, the nonresponsibility was variously expressed so unanimous that this chance to shift scene is perhaps fortunate. Tenant nearby wanted our office (firm of building engineers) so as to expand - the alternative being to cut two fire-doors into an adjoining building - or move, and lose our beloved landlord these good tenants. So, being, as lessor, already hooked for expense when the group got lazy, I could move out without being held to the lease. This seemed rather harsh on the group, though perhaps just. They didn't seem to be asking for a full shutdown, just better management or somethingorother. (You don't know me - I HATE to manage - people, that is. Problem solving's a good sport, however.)

This left me morally and ethically free as air - but humanely not willing to inflict consequences. So upstairs, as I knew, there is a mighty cute apartment with four good rooms of space plus kitchen and bath. So I told the landlord about its bad points.... ..and he began to tell me about its good points - and I let myself be persuaded...very good deal all around.

Here's the general immediate idea: Don Schuster has my credentials (a transcript of record from Boston University showing three courses in Modern Psychometry plus other good stuff) so I can administer tests and try to get data for his program. He is loaning me a lot of material not to be sold, but to be used in testing - plus what I already have. The answer sheets are separate and are sent to Don. The APA does not allow testing by mail, but I have enough training for an examiner. Don's is greater - enough for a coordinator. Thus, we can have an extension center at this point. Guineapigs and auditors can get the testing and scoring services at cost. The tests that Don wants cost from nothing up to two-bits for scoring, postage and related circumstances. People can have their own scores and explanations back through me.

Idle curiosity ought to pay properly, and our time is backed by education of a more expensive nature, having more current demand, than others we know of! I'll allow anything anybody else wants to claim of intrinsic values, but right now the matter concerns costs which are discriminable! Psychometry of all kinds is very closely allied to auditing, since it collects information about a person for his own use. I'll grant that it can be clumsy, but I'll also claim that no improved substitute is available - yet - of its own kind.....

Where did you ever get that line, "Boston GOES Democratic"? Did you ever read Emerson's "Boston Hymn"? If not, I hope this rouses your curiosity....May I say one thing, and seriously, now. One of your articles had a real point - the non-transferability of some kinds of knowledge - the kind that has to be earned to be learned. That is why, perhaps, we all of us like to try how-to-do-it's, and see how we do. But the ready made answers are not so welcome. I have noticed that when people begin on prelives, they seem to be associated with ready-made answers, non-transferable, as such. I was extra glad you printed Sr's note (Ted Robles, Sr...Ed.) - not only was it very well told, but how analogous to the other prelife in some of its features!

So, we can use directions, on a step basis. That is, after acquiring one thing from one set of directions, we can use that to understand directions for further steps -

perhaps?...This isn't writing you that article about Practical Barriers For Telepaths, but try this postulate: We are all naturally telepathic; it is a built-in power, as competent as ears and maybe more so. That is the postulate. Now, IF this were true, of course, if a person does not wish to be read, we would read that and non-wish besides. A lovely self-operating barrier. Comfortable, shadowy thought; people seem to find it, somehow. Then, if we did not expect to be read - likewise, another barrier; by using words we act as if we could not read or be read; so words bar telepathy.

Actually, if you care what I personally suppose - thought reading is as simple as seeing light coming off surfaces - a lot of surfaces at once, but all visible. Only, to look, you need (I suspect) volition and permission - and where hardly anyone even surmises it's possible, even and well! I wonder how Dunninger gets past those barriers. Could it be that he has a case of dimmer (rather than better) vision of the mind? I mean, could one bypass feelings so as to see only facts? or are facts the only things available - just as feelings vary about, say, the beauty of a landscape, though good factual reports would be identical.

Maybe the real explanation of Dunninger is that by some fluke he never got to expect that he could not - so he can! This has people now thinking that maybe he might, and bingo, goodbye the automatic barrier. But I still think they would be automatic about things which people would want read, such as, perhaps, pain - why share a toothache and spoil other people's fun - discomforts in various degrees would be self-shielding (get in the case of recall, too, as we saw long since) and the same with discomforts, as you might say, of communication. Natural blocks and barriers, just in the natural feeling itself. Nonsequiters would throw a telepathic reader away off course, too, because telepathic communication needs agreement, not ocular illusions, and mischievous prisms. I bet a good nonsequiter could get Dunninger fouled up in rare shape. Would it be mean to try, just to find out? (Or is he used to it by now?)

Another thought along these lines - does a good telepath simply register - and ignore - the obvious, in the way of various awarenesses which would be the same for everybody? You ask most groups how many would like to read minds, and the majority would - but to be read, oh, that is different. And really, the order needs, would you say, to be sort of reversed before the function can function? Another point. The heaviest feelings are as easy to read as billboards - yet those are the ones we shield off; and to express them, use more force. But that, of course, comes from mixing two departments, the fight or flight function with the peaceful communication function. I mean the fist-waving, voice raising, or whatnot, are carrying out the feeling of activity; the shielding itself is because of the feeling that communication is not going well. Automatic barrier in its very nature, you see.

You might, if you have occasion to discuss this feature of barriers - notice that people are generally glad to know, or anyhow, consider this: a screen exactly where you would want it! A shadow of a rock in a weary land! So - you don't need the extra screen and it switches itself off as easily as it switched on. Might make a good book, eh? Chapter One - IF; Chapter Two - What About Politics; Chapter Three - What About Diplomats; Chapter Four - Business Is Business and the Better, the Better; Chapter Five - The Schoolboy, or Why Assign Homework; Chapter Six - Parents and Ancestors.... But who would want to read it? After all, barriers is barriers is barriers is barriers. Yes?

Maybe telepathy is too much like nudiam, only more so. Yet, is armor the alternative? What about garments, whether for comfort or appearance sake? Some other time I'll take up modulating reception so you don't get your head blown off when somebody refrains from swearing aloud by redoubling the message inwardly.

ABH

Ed's Note....Gosh, only got thru one letter so watch for the rest next month!

DOINGS OF THE  
DIANETICS & SCIENTOLOGY SOCIETY  
OF GREATER ST. LOUIS.  
by Bob Youtsey

The group started on a new program in August. It was felt that since the group had a set of the Professional Course tapes, plus all the books and material used in teaching the H. C. A. Course, that we could study along the lines of that course. Although all members would not want to become professionals, the training might help those who so desired along the road, and the others would gain some benefit both as preclears and auditors.

The five meetings during August were each set up for a half-hour Professional Lecture followed by half an hour of group processing. The remaining hour or more was devoted to discussion of the Six Basic Steps as outlined in the Professional Auditor's Bulletin, and elsewhere, and the application of these steps in individual processing sessions.

In September we plan to continue this program and possibly skip the tape processing so that more time can be devoted to the Six Basic Steps.



R A N D O M I T Y . . . . .

FOR THE information of those readers who don't miss anything, DIANOTES has switched "sponsors". Starting with the August issue, we are published in the interests of HUMANICS -- a system of philosophy centered on human behaviorism as it relates to the mind. The change was made in the interests of local computability, and was made necessary by a conflict of reality with the powers that be. We chose the seemingly defunct science of Humanics as a bulwark on which to append our standard because, in the first place, Humanics, as a science, is not as defunct as some people would like to think, and it has sufficient scope to encompass any or all of the "mind sciences". Aside from the ownership and utility clause on page one, there will be no change made in your favorite newsletter. We will continue to print anything and everything which may be of interest to our readers - regardless of editorial opinion. We disseminate..not dictate. That, we leave to others.....

IKEY STONE and her Pasadena Dianetic Center are inaugurating a program of group processing sessions at the low rate of twelve hours for twenty dollars. Frank Bannister, Remington Stone, Ray Kinney and Ikey, herself, are the auditors. The program takes off August 20th and runs through the week of October 9th. As Ikey says, "....and since most people spend \$40 a month on the upkeep of their cars, we do not feel that \$20 a month will be regarded as too much to spend on the upkeep of your personality, happiness, and development." You are so right, Ikey, good luck.....

WE NOTE with pleasure that "Ability" is now printing educational information instead of being strictly an advertising medium. The data disseminated so far has been well received, according to comments coming our way - justly so. Hope they keep it up!....

WE LIKED this one....An inmate in an insane asylum was troubled by the notion that he had a cat in his stomach. It tore around inside and clawed him up something fierce. One day the fellow got a real pain - his appendix had to come out. The doctor figured that here was a chance to cure the patient of his cat notion. A real cat was obtained, a lively black one, and when the patient came out of the ether the doctor held up the cat and said: "You're all right now. Look what we took out of you." The patient took one look, grabbed his stomach and howled: "You got the wrong cat; the one that's bothering me is a gray one!".....Which goes to prove that some days you simply can't lay up a dime!....

D I A N O T E S  
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